

# **Basic Kickstarter**

## **Included Hospital Services**

✓ Hospital psychiatric services (MBP only¹) ✓ Palliative care (MBP only¹)

✓ Rehabilitation (MBP only¹)

Minimum Benefits Payable (MBP) means that we will pay the minimum amount of benefits that we are required to pay under the Private Health Insurance Act, to or on behalf of a member for hospital treatment under a Hospital cover. If you're attending a Private Hospital for these services, there will be significant out-of-pocket costs. If a treatment important to you is listed as MBP, we recommend you consider a higher level of cover.

#### **Other Included Services**

Accidental Injury Benefit - Cover for accidental injury after just 1 day on this policy.

- ✓ Immediate and necessary hospital treatment as an admitted patient required as a result of an accident.
- ✓ This requires treatment to be sought at a hospital emergency department or through a medical practitioner within 72 hours after the accident to receive benefits in-line with our best level of hospital cover for the next 90 days.

Ambulance - Emergency ambulance transport<sup>^</sup>.

^ Excludes residents of QLD and TAS who have ambulance services provided by their State ambulance schemes.

# Waiting Period Accidental Injury Benefit and emergency ambulance cover

## **Excluded Hospital Services**

- **★** Assisted reproductive services
- X Back, neck and spine
- **X** Blood
- X Bone, joint and muscle
- X Brain and nervous system
- ★ Breast surgery (medically necessary)
- **X** Cataracts
- ★ Chemotherapy, radiotherapy and immunotherapy for cancer
- X Cosmetic surgery
- X Dental Surgery
- ★ Diabetes management (excluding insulin pumps)
- ➤ Dialysis for chronic kidney failure

- X Digestive system
- X Ear, nose and throat
- X Eye (not cataracts)
- X Gastrointestinal endoscopy
- Gynaecology
- X Heart and vascular system
- X Hernia and appendix
- X Implantation of hearing devices
- X Insulin pumps
- ★ Joint reconstructions
- X Joint replacements
- X Kidney and bladder
- X Lung and chest
- ★ Male reproductive system

- X Miscarriage and termination of pregnancy
- X Pain management
- ★ Pain management with device
- ➤ Plastic and reconstructive surgery (medically necessary)
- ➤ Podiatric surgery (provided by a registered podiatric surgeon)
- X Pregnancy and birth
- X Skin
- X Sleep studies
- X Tonsils, adenoids and grommets
- ★ Weight loss surgery
- X Procedures not covered by Medicare

#### **Standard Waiting Periods**

- 1 day Accidental injury
- 1 day Ambulance services
- 2 months² Hospital psychiatric services
- 2 months Rehabilitation or palliative care services (whether pre-existing or not)
- 2 months Any other conditions requiring hospitalisation that aren't pre-existing
- 12 months Pre-existing conditions (where the symptoms were evident at any time during the 6 months immediately prior to joining or upgrading products as determined by our medical practitioner) except hospital psychiatric services, rehabilitation or palliative care services
- <sup>2</sup> Members who hold this product may be able to waive the 2 month waiting period for hospital psychiatric services when upgrading to a product with a higher hospital psychiatric services benefit. The Mental Health Waiver is only available to members who have held hospital cover for at least the previous 2 months, have not previously used their waiver with nib or any other fund, have been admitted to a hospital and are under the care of an Addiction Medicine Specialist or Consultant Psychiatrist.



# **Basic Kickstarter**

## nib can help you minimise out-of-pocket expenses for hospital related fees

- To help you reduce or eliminate out-of-pocket expenses choose a private hospital or day facility that has an agreement with us.
- Ask your doctor or specialist to participate in nib's MediGap Scheme to eliminate the 'gap' for their in-hospital fees.
- Our interactive hospital guide can help take the confusion out of hospital and reduce out-of-pockets, visit nib.com.au/health-information/going-to-hospital

Always call us first if you need to go to hospital on

13 14 63

## What is Covered In-Hospital at Agreement Private Hospitals and Public Hospitals

When you're admitted as a private patient in a private hospital that has an agreement with nib, or a public hospital, we will pay towards the cost of the following things that relate to Included Hospital Services on Basic Kickstarter cover (out-of-pocket expenses may apply to these services<sup>3</sup>):

- Selected medical admissions relating directly to included services on Basic Kickstarter cover
- Medical treatments not requiring surgery, investigative procedures and surgeries
- ✓ Day surgery
- ✓ Overnight accommodation (private room where available)
- ✓ Special care unit accommodation (e.g. intensive care)
- ✓ Operating theatre fees
- ✓ Doctors' surgical fees and in-hospital consultations
- ✓ Government approved prosthetic devices

- ✓ Allied health services (e.g. physiotherapy, occupational therapy)
- Pharmaceuticals approved by the Pharmaceutical Benefits Scheme required for specific treatment when in hospital
- Ward-drugs and sundry medical supplies (e.g. bandages, painkillers)
- ✓ Nursing care
- ✓ Patient meals
- ✓ Common treatments and support treatments<sup>4</sup>
- ✓ Associated treatment for complications and associated unplanned treatment<sup>5</sup>
- Refer to the Policy Booklet for more information on out-of-pocket expenses.
- 4 Common treatments means a number of Medical Benefits Schedule (MBS) items commonly used across services covered by your policy. Support treatments means a number of MBS items used to support a principal treatment covered by your policy. Common and support treatments will be covered in line with the level of cover your product provides for the principal treatment. Refer to the Policy Booklet for more information.
- Associated treatment for complications means treatment provided during an episode of covered hospital treatment to address a complication that arises during that episode. Associated unplanned treatment means unplanned treatment provided during an episode of covered planned surgery that is, in the view of the medical practitioner providing the unplanned treatment, medically necessary and urgent. Associated treatments will be covered in line with the level of cover your product provides for the principal treatment. Refer to the Policy Booklet for more information.

#### What is Covered In-Hospital at a Non-Agreement Private Hospital

If you choose to be treated at a private hospital that does not have an agreement with nib, we will pay towards the costs of the services listed above but you are likely to incur greater out-of-pocket expenses for most hospital related services than you would at an agreement hospital.

#### **Hospital Excess**

A hospital excess is the amount you pay towards the cost of a hospital stay before any benefits are payable by nib. A higher excess means your premiums with nib will be lower.

You only pay an excess if you or someone on your policy goes to hospital. The excess applies per person per calendar year and is payable directly to the hospital prior to your admission. The excess for couples, single parents and families is capped at twice the chosen level of excess in any calendar year.

**Please note:** If you've recently switched hospital covers your previous level of excess may apply for up to 12 months for pre-existing conditions. Refer to the Policy Booklet for more information.

Excess options on this cover:

\$500 | \$750

per person per calendar year



# **Basic Kickstarter**

50% BACK of the cost to you up to your annual limit

#### What's Covered

Extras are services usually provided outside of a hospital. Medicare does not generally cover these services, so we help you pay for them.

Receive 50% of the cost back (up to the annual limit and after waiting periods have been served) on:

- ✓ The cost of the consultation
- ✓ The cost of health appliances listed on this policy. Ask nib about specific restrictions and replacements.

Our members have the choice to use any provider with professional qualifications recognised by nib. Please read the Policy Booklet for more information on nib Recognised Providers.

# **Basic Kickstarter**

Extras Covered	Annual Maximum amount claimable per person in a calendar year	Waiting Period  Applies if you are new to health insurance or if you have recently increased your level of Extras cover
General dental treatment  E.g. fillings, basic extractions, x-rays	\$200	2 months
Physiotherapy	\$150	2 months
Exercise physiology	\$100	2 months
Chiropractic Osteopathy	\$150	2 months
Natural therapies (consultations only) Acupuncture, Chinese herbalism and myotherapy	\$100	2 months
Dietary advice	\$150	2 months
Pharmaceutical prescriptions  Benefits only payable for non PBS items. Benefits do not apply to prescriptions dispensed to hospital inpatients	\$100	2 months
Preventative tests (service limits apply) Thin prep, bone density tests, bowel screening	\$100	6 months

## It pays to review your cover regularly

Your life is constantly changing. So, you should remember to review your health cover at least once a year to make sure it doesn't reflect the old you. We make reviewing and updating your cover quick and easy.

Simply visit **nib.com.au** or call nib on **13 14 63**