

Core Boost and Wellbeing Extras

60% BACK

of the cost to you
up to your annual limit

What's Covered

Extras are services usually provided outside of a hospital. Medicare does not generally cover these services, so we help you pay for them.

Receive 60% of the cost back (up to the annual limit and after waiting periods have been served) on:

- ✓ The cost of the consultation
- ✓ The cost of health appliances listed on this policy. Ask nib about specific restrictions and replacements.

Our members have the choice to use any provider with professional qualifications recognised by nib. Please read the Policy Booklet for more information on nib Recognised Providers.

Core Extras Boost

The Extras that people use most, with higher annual limits.

Extras Covered	Annual Limit <small>Maximum amount claimable per person in a calendar year</small>	Waiting Period <small>Applies if you are new to health insurance or if you have recently increased your level of Extras cover</small>
Preventative dental treatment <small>Includes selected examinations, scale and cleans and fluoride treatments</small>	No limit	2 months
General dental treatment <small>E.g. fillings, basic extractions, x-rays</small>	\$700	2 months
Major dental treatment <small>Includes root canal therapy, crowns, bridges, dentures, oral surgery</small>	\$1,000	12 months
Optical appliances (appliance limits apply) <small>E.g. prescription glasses and contact lenses</small>	\$300	6 months
Physiotherapy	\$450	2 months
Ambulance <small>Emergency ambulance transport paid at 100% of the cost[^]</small>	No limit	1 day

[^] Excludes residents of QLD and TAS who have ambulance services provided by their State ambulance schemes.

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Wellbeing Extras

The Extras services to help look after your overall health and wellbeing.

Extras Covered	Annual Limit <small>Maximum amount claimable per person in a calendar year</small>	Waiting Period <small>Applies if you are new to health insurance or if you have recently increased your level of Extras cover</small>
Chiropractic Osteopathy	\$300	2 months
Natural therapies (consultations only) Remedial massage, acupuncture, Chinese herbalism and myotherapy	\$300 (remedial massage limited to \$150)	2 months
Dietary advice	\$300	2 months
Psychology	\$300	2 months
Wellbeing health aids (appliance limits apply) Ankle-foot orthoses/knee-ankle-foot orthoses*, knee brace, hip orthosis, joint fluid replacements, shoulder brace, splint/orthosis for finger, hand, wrist, arm and elbow <small>*Please note: these are not foot orthotics (shoe inserts) provided by a podiatrist; podiatry benefits are available on our Family and Young at Heart Extras covers</small>	\$250	12 months
Healthier lifestyle benefit nib approved weight management, quit smoking and health management programs (gym, personal trainer)	\$150	6 months
Preventative tests (service limits apply) Thin prep, bone density tests, bowel screening	\$100	6 months

It pays to review your cover regularly

Your life is constantly changing. So, you should remember to review your health cover at least once a year to make sure it doesn't reflect the old you. We make reviewing and updating your cover quick and easy.

Simply visit
nib.com.au or
call nib on **13 14 63**